



Erasmus+

Participant Report Form – Call 2020 – KA1 – Learning Mobility of Individuals – Learners mobility for training in vocational education and training

Fields marked with * are mandatory.

Document code: EP-KA1-VET-Learners-2020

1 Purpose of the Participant Form

As a recent participant in a mobility activity funded by the European Union's programme, we ask you to fill in this participant report to provide feedback about your experience.

Your feedback will be used to improve the experience of Erasmus+ participants in the future. It may also be used as part of the evaluation of the project implemented by your sending organisation.

Thank you for any information, comments and advice you can provide.

2 Identification of the Participant and General Information

* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Radu Sebastian-Stefan

2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

09/06/2021

2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

29/06/2021

*** 2.4 Email address, where I can be contacted in the future**

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct the email address if necessary.

radusebastianstefan@gasachi.ro

*** 2.5 During which year of your studies did you go on Erasmus+ mobility?**

- 1
- 2
- 3
- 4
- already graduated

*** 2.6 What were your main motivations for carrying out a learning mobility period abroad?**

Multiple answers are possible.

- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language

3 Quality of Studies/Training

*** 3.1 Your receiving institution was...?**

- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving organisation?

	Very good	Good	Fair	Poor	Very poor	Not applicable
* The quality of content of training	<input checked="" type="radio"/>	<input type="radio"/>				
* The quality of teaching methods	<input checked="" type="radio"/>	<input type="radio"/>				

*** 3.3 Please describe what you have done during your mobility period. Which new knowledge, skills and competences did you gain or improve?**

Am utilizat programul Aplifisa in care pe parcursul studiilor in Spania am intocmit si completat documente. Am introdus date in programul de facturari si de contabilitate,am listat si generat liste finale,registrul jurnal, Cartea Mare,Balanta,situatia facturilor si registrul TVA.Mi-am dezvoltat abilitatea de a introduce informatii intr-un program de specialitate si competenta de a utiliza diverse module ale unui program de specialitate. Am invatat cum incepe tinerea contabilitatii si ce trebuie sa fac pe parcursul ei.Am invatat sa calculez salarii conform legislatiei din Spania si sa le inregistrez in contabilitate.

* 3.4 What were the most important experiences during your mobility period? Please mention both positive and negative aspects.

Mi-am imbunatatit comunicarea in Spaniola.
 Am avut parte de formatori foarte priceputi si am inteles foarte bine contabilitatea chiar daca era in Spaniola.
 Am cunoscut elevi din diferite parti ale lumii care faceau parte din acelasi proiect.
 O cazare exceptionala.
 Durata scurta a proiectului.
 Mancare monotona,mai ales garniturile si repetitiva.

* 3.5 Would you recommend your hosting organisation?

- Yes
- No

3.6 How would you evaluate the quality of support at your sending and receiving organisations?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
* I was given proper help to find a suitable hosting organisation	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The organisation where I was trained met my needs	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I knew clearly what I was expected to do and learn during my training abroad	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The training duration was long enough for me to fulfil my training objectives	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The proposed activities were directly related to my training objectives in my home country	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I was provided with proper equipment	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*						

I knew who the person assigned to help me carry out my training and check my results was	<input checked="" type="radio"/>	<input type="radio"/>				
* My sending organisation was helpful during my placement	<input checked="" type="radio"/>	<input type="radio"/>				

* 3.7 Have you participated in any virtual mobility period?

- Yes
 No

4 Foreign Language Skills and Linguistic Support

* 4.1 What was the main language used during your mobility activity?

Spanish

* 4.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes
 No, I was already fluent
 No

* 4.4 Did you take advantage of linguistic support in learning this main language?

- Yes
 No

* 4.5 Approximately, for how many hours in total?

- Less than 10 hours
 Between 10 and 30 hours
 Between 30 and 50 hours
 More than 50 hours

* 4.6 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ Online Linguistic Support (OLS)
 Language course/training provided by the sending institution/organisation
 Language course/training provided by the hosting institution/organisation
 Language course/training provided both by the sending and hosting institutions/organisations
 Financial support to carry out a self-study (DVD, books)
 Other

* 4.7 Do you feel the Online Linguistic Support (OLS) course helped you to improve your language level?

- Yes
 No

* 4.8 Overall, how satisfied were you with the OLS experience?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.9 How satisfied are you with the OLS Assessment?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.11 While staying abroad, did you improve your competence in other languages besides the main one used?

- Yes
- No

5 Certification and Formal Recognition

* 5.1 Were the learning outcomes from your mobility period recognized?

The purpose of this question is for you to say what kind of "proof" of your learning abroad you have received. For example, did it count towards your school leaving certificate, did you get a certificate from hosting organisation, Europass, etc. This is specified in the Learning Agreement signed before your mobility started.

- Yes
- No

* 5.2 What type of certification did you receive?

Multiple answers are possible.

- ECVET credits
- Europass
- Recognition by home institution (requirements fulfilled towards acquiring school leaving certificate)
- Recognition at regional level (requirements fulfilled/ credits acquired in regional education system)
- Recognition at national level (requirements fulfilled/ credits acquired in national education system)
- Attendance certificate by host institution
- Work certificate
- Other

6 Personal Development

6.1 By participating in this Erasmus+ activity I believe I have developed the following competences:

			Neither agree		
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	Strongly agree	Rather agree	nor disagree	Rather disagree	Strongly disagree
* Competences in mathematics, science and technology	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Digital competence (e.g. using the Internet, social media and PCs for my studies, work and personal activities)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Learning to learn (planning and carrying out my learning independently)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social and civic competences (e.g. to appreciate the value of different cultures and better understand concepts such as democracy, justice, equality, citizenship and civil rights)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Sense of initiative and entrepreneurship (e.g. how to develop an idea and put it into practice)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Cultural awareness and expression (e.g. expressing yourself creatively and better understanding arts and media)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.2 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* cooperate in teams	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.3 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I improved my technical/professional skills/competences	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more confident and convinced of my abilities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*					

I know better my strengths and weaknesses	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more tolerant towards other persons' values and behaviour	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I intend to participate more actively in social and political life of my community	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in knowing what happens in the world daily	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7 Future Prospects of Education, Training and Work

7.1 Thanks to this mobility experience:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have a clearer idea about my professional career aspirations and goals	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have better opportunities for internships or jobs in my home country	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am better capable of taking over work tasks with high responsibility after my stay abroad	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.2 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree

* I can easily imagine working abroad at some point in my future	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can easily imagine working in the country where I did my Erasmus+ period in the future	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I would like to work in an international context	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8 Practical and Organisational Arrangements

* 8.1 Did you require a visa in order to participate in this mobility?

- Yes
 No

8.3 How would you consider your degree of integration during your mobility experience?

	Very good	Good	Fair	Poor	Very poor	Not applicable
* In the everyday life of the receiving institution	<input checked="" type="radio"/>	<input type="radio"/>				
* With local trainees or employees	<input checked="" type="radio"/>	<input type="radio"/>				
* With other Erasmus+/International trainees	<input checked="" type="radio"/>	<input type="radio"/>				

8.4 How satisfied were you with the following aspects of your mobility?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* The length of the study/training period	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Alignment of the courses/training abroad with the curriculum at the sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 8.5 Did you have a mentor in the hosting organisation?

- Yes
 No

* 8.6 How satisfied were you with your mentor provided by the hosting organisation?

- Very satisfied
 Rather satisfied
 Neither satisfied nor dissatisfied

- Rather dissatisfied
- Very dissatisfied

8.7 How satisfied were you with your accommodation and travel arrangements?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* Your accommodation	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Your travel arrangements	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9 Costs

* 9.1 To what extent did the Erasmus+ grant cover your overall expenses related to your mobility period?

- 0-25%
- 26-50%
- 51-75%
- 76-100%
- I don't know / I was not aware my sending organisation received an Erasmus+ grant for my mobility

* 9.2 Did you receive funding from any other sources, in addition to the Erasmus+ grant?

Multiple answers are possible.

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- Other grants or loans
- Family
- Own savings
- Contribution from host organisation
- Other sources
- None

10 Conclusions, Personal Comments and Recommendations

10.1 How would you rate the support (dealing with questions, complaints or problems) you received by:

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* Your sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Your hosting institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 10.2 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

10.3 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants and projects, or to the National Agency and the European Commission.

Sa va luati haine groase deoarece vremea este foarte schimbatoare si destul de imprezibila. Este importanta pregatirea OLS.

11 Publication and Usage Rights of the Information and of the Email Address

* 11.1 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name, no email address)
- No

* 11.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme or EU issues.

- Yes
- No

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Contact

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