



Erasmus+

# Participant Report Form – Call 2023 – KA1 – Learning Mobility of Individuals – School education, Adult education and Vocational education and training

Fields marked with \* are mandatory.

Document code: EP-KA1-SCH-ADU-VET-2023

## 1 Introduction

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We ask you to fill in this participant report because you have recently participated in a mobility activity funded by the European Union's Erasmus+ programme.

The purpose of the participant report is to gather feedback from Erasmus+ participants. This information will be used to improve the experience of Erasmus+ participants in the future, to evaluate the project in which you have taken part, and to measure the impact of the Programme.

On behalf of the European Commission, we thank you for any information, comments and advice you could provide.

**Important note:** Please do not modify the activity type selected below. If activity type is empty or incorrect, please check with your project manager to know exactly what you need to select. If a wrong activity type is selected, your participant report will be invalid.

## 2 Identification

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The following information has been introduced in the Erasmus+ online reporting tool by the project manager at your organisation. If you notice that any information listed below is incorrect, please contact the responsible person in your organisation to make a correction.

### \* 2.1 First name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

[REDACTED]

\* 2.2 Last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

[REDACTED]

\* 2.3 Activity Type

Short-term learning mobility of VET learners

\* 2.4 Start date

13/05/2024

\* 2.5 End date

31/05/2024

\* 2.6 Sending organisation

Colegiul Tehnic Gheorghe Asachi Onesti

\* 2.7 Hosting organisation

Tellus Spain SL

\* 2.8 Mobility ID

23476-MOB-0015

### 3 General information

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\* 3.1 Please briefly describe the activities you have carried out during your mobility period.

*2000 character(s) maximum*

In prima zi am facut cunostinta cu tutorele de practica, apoi am facut instructajul de protectie a muncii, ni sau aratat spatiile de primire din unitate. Am inceput sa lucrez de la ora 8-14, a doua zi am fost la unitate si am invatat cum se foloseste fiecare aparat in parte iar a treia zi deja prinsesem ritmul muncii in acea unitate. Faceam cam aceleasi activitati zilnic: Pregateam terasa in fiecare dimineata apoi treceam la sala de mese iar dupa la bucatarie pentru a spala vasele si a prepara sucul de portocale si sosul de rosii. sau altele Apoi intampinam clientii care intrau in unitate. Ma descurcam destul de bine, mai ales cu indicatiile tutorelui In a patra zi am invatat sa fac sendvisuri si clatite folosind aparatele din unitate miau aratat cum se utilizeaza aparatele si am colaborat bine cu ei

În ultima zi din saptamana l a fost mai greu deoarece erau foarte multi clienti, se anuntasera multe mese, dar ne-am descurcat destul de bine.

Am invatat sa utilizez softul unde introduceam comenzile pe mese, in fiecare zi aranjam mesele si scaunele in functie de evenimentele anuntate si pregateam sala. Am participat la sortarea gunoaielor de deseuri alimentare, cartoanele erau trimise la reciclat, de ex

In saptamana 2 am continuat in acelasi ritm: am intampinat clientii i-am servit, am debarasat, am sutilizat echipamentele din unitate, m colaborat cu colegii si am respectat instructiunile tutorelui. In aceasta saptamana am lucrat dupa amiaza si am devenit mai eficienta, Dupa amiaza era mai aglomerat fiind organizate mai multe mese. In ultima saptamana a fost putin mai usor deoarece am lucrat de dimineata si a devenit o rutina.

La sfârșit am sustinut o proba practica.

In timpul liber am avut mereu organizate activitati cu toti colegii si prof. insotitori, o data la 2 zile si sambata.

Am vizitat muzee, catedrala, castele. Cel mai mult mia placut vizita in rezervatia naturala Arribes de la granita cu Portugalia unde am aflat despre importanta proejarii mediului

- \* 3.2 What did you learn as a result of participating in your mobility activity? Please try to be specific and mention concrete skills that you have improved and knowledge that you have gained.

*2000 character(s) maximum*

Am reusit sa comunic cu clienti si personalul in limba spaniola, am respectat disciplina munci si programul de lucru, Am colaborat foarte bine cu echipa, am invatat sa utilizez aparatura din dotare, Mi-am dezvoltat abilitatea de a servi clientii repede si eficient, Am reusit sa respect programul de munca lucrând in ture diferite,

Am devenit constienta ca fiecare dintre noi trebuie sa facem ceva ca sa protejam mediul. Am reusit sa fiu independenta, sa-mi gestionez banii, Mi-am perfectionat limba spaniola si am invatat cuvinte de specialitate din bucatarie. Mi-am cunoscut mai bine colegii si am devenit mai toleranta si eu cu ei si ei cu mine

Acum am mai multa incredere in mine, si sint tare mandra ca am facut fata acestei provocarii. Sper ca aceasta experienta sa ma ajute sa imi gasesc mai usor un loc de munca in domeniu.

- \* 3.3 Were you aware that your mobility was supported by the Erasmus+ programme of the European Union?

Yes

- \* 3.4 Was this the first time you have participated in an Erasmus+ mobility activity?

Yes

## 4 Satisfaction with your mobility experience

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### 4.1 How satisfied are you with your Erasmus+ mobility experience?

	Very satisfied	Satisfied	Dissatisfied	Very dissatisfied
* Satisfaction	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### 4.5 Were you satisfied with the following arrangements for your mobility activity

	Very satisfied	Satisfied	Dissatisfied	Very dissatisfied
* Overall organisation of the activity in terms of logistics and practical arrangements	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Travel arrangements	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Accommodation	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Insurance coverage and information about insurance	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* My questions (or complaints) were addressed in a timely and helpful way	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 5 Preparation and hosting arrangements

- \* 5.1 Before departing for your mobility activity, did you receive any preparation, training or information about the destination country and the hosting organisation?

Yes

- \* 5.2 Was this preparation and information useful to you?

Yes, I felt well prepared

- \* 5.3 Did you receive contact information of someone at your sending organisation to request help in case of an emergency?

Yes

- \* 5.4 Did you receive contact information of someone at your hosting organisation to request help in case of an emergency?

Yes

#### 5.5 Do you agree with the following statements about your hosting organisation?

	Yes	No
* The teaching / training at the hosting organisation was of good quality and relevant for me.	<input checked="" type="radio"/>	<input type="radio"/>
* I felt well received and well integrated at my hosting organisation.	<input checked="" type="radio"/>	<input type="radio"/>
* At the hosting organisation, I had a mentor or a similar person who was following my learning progress and results.	<input checked="" type="radio"/>	<input type="radio"/>

- \* 5.6 As far as you are aware, did any other organisations (apart from your sending and hosting organisations) take part in the setting up and implementation of your mobility activity? For example, such additional organisations can identify themselves as 'supporting organisations' or 'intermediaries'.

No

- \* 5.8 Have you been asked by your sending organisation (or another organisation working with the sending organisation) to pay a fee in order to participate in your mobility activity?

No

- \* 5.10 Before departing, did you know what to expect during your mobility period (what you were going to do and what you were expected to learn)?

Yes

- \* 5.11 Did you sign a learning agreement or a similar document defining the expected learning outcomes of your mobility period?

Yes

## 6 Results of your mobility activity

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- \* 6.1 Do you think that you have benefited from your participation in Erasmus+ learning mobility?

Yes

6.3 In which ways do you think you have benefited from your mobility period:

Multiple answers are possible

- I have learned or improved useful practical skills.
- I have become more self-confident, independent and responsible.
- I have clearer ideas about my goals in personal and professional life.
- I have improved my chances of entering a study programme that I want.
- I have improved my chances of finding a job (now or in the future).

In the next question, we ask you about your 'European sense of belonging'. This expression refers to your feeling of being European, belonging to the same community as other Europeans, and sharing common identity, culture and values with them.

- \* 6.4 Do you think that you have an increased European sense of belonging after your participation in Erasmus+ learning mobility?

Yes

## 7 Erasmus+ priorities

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- \* 7.1 The Erasmus+ programme supports a number of key European political priorities: inclusion and diversity, environmental sustainability, digital education, and participation in democratic life. Do you think that as a result of your mobility activity you have acquired knowledge or ideas relevant for one or more of these priorities?

Yes

## 7.2 As a result of my mobility activity...

Multiple answers are possible

- I have learned more about environmental, climate and sustainability issues.
- I have changed my habits to become more sustainable.
- I have a better understanding of the diversity in my society.
- I am more committed to work against discrimination, intolerance, xenophobia and racism.
- I am more interested in participating in elections, in other democratic processes, and in the life of my local community.
- I have learned more about Europe, the European Union and European values.
- I have learned more about new and useful ways to apply digital technology.
- I am eager to use more digital technologies in my studies or work.

## 8 Language learning

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- \* 8.1 Main language used during mobility

Spanish

- \* 8.2 Do you think that you have improved your skills in the main language used during your mobility period?

Yes

- \* 8.3 Did you receive any support to improve your language skills before or during your mobility period (for example: a language course, language learning materials, language coaching)?

Yes

## 9 Comments

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- 9.1 Do you have any other comments about your Erasmus+ mobility experience? Are there any specific positive or negative aspects that you would like to mention?

*2000 character(s) maximum*

Puncte tari;  
-am avut o organizare foarte buna.  
-mi-am imbunatatit abilitatile in functia de ospatar.  
- la cazare camerele erau foarte curate si bine igienizate.  
-mancarea era destul de buna.  
-mi-am cunoscut mai bine colegii de liceu  
-mi-au placut jocurile care erau jos la receptie (biliard, ping pong, mini fotbal si carti de joc)  
-mi-au placut mult iesirile in vizitele culturale sau sociale cu profesorii  
-mi-au placut si cum s-au comportat si profesori insotitori

-mi-au placut mult locurile pe care le-am vizitat  
-mi-au placut si sedintele saptamanale care le faceam intr-o sala de lectura, pentru a spune cum ne-am adaptat  
-mi-a placut ca peste tot era foarte curat si ingrijit, si mi-ar place sa fie la fel si la mine in oras  
-am avut si transportul foarte curat si foarte organizat  
-am invatat sa vorbesc limba spaniola mai bine  
-aveam loc special pentru spalarea rufelor la cazare  
-mi-a placut si plimbarea cu hidrobicicletele pe raul Tormes cu toti colegii și profesorul insotitor.  
Puncte slabe;  
-nu e cazul.

## 10 Usage rights

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- \* 10.1 I am willing to share my experience to help other people interested in applying for or participating in Erasmus+. I agree that the National Agency or the European Commission (or another organisation working on their behalf) can contact me for this purpose.
- Yes  
 No
- \* 10.2 I agree that the contents of this report can be published by the National Agency or the European Commission as part of communication about the Erasmus+ programme
- Yes, including my name  
 Yes, but make me anonymous  
 No
- \* 10.3 I agree that my email address can be used to contact me for studies related to the Erasmus+ programme or other matters linked to European education and training policies.
- Yes  
 No

## Contact

[http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies\\_en](http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies_en)

